

**Contents of Subliminal Track With "You Are..." Affirmations**

**(Sample)**

You are The Universe

You are love

You are loved

You are amazing

You are powerful

You love yourself more with every breath you take

You are the greatest version of the grandest vision that You ever had about yourself

You are beautiful

You are a miracle

You are becoming stronger and more courageous with every breath

You are safe and secure because You trust yourself, because You trust your intuition

You give yourself permission to be very empowered

You are truly empowered by The Creator with absolute free will

You are empowered by The Creator to be a creator, to fulfill your desires

You get better and more skilled and more confident about creating your desires with every breath that You take

You are grateful for all the experiences that have brought you wisdom and skills and understanding

You are grateful to every person that has loved you and helped you

You are grateful for your own courage and love for yourself, which leads you to wanting more

You are safe and secure because You trust yourself, because You trust your intuition

You are having more fun with life with every breath You take

You are finding things get easier for you every day

You love yourself more every day

You really love it when You do your very best for yourself and for others

You expect the best and You attract it easily

You approve of yourself, You love yourself just the way You are

You are becoming more free to be you with every breath

You are becoming more confident with each breath You take

You find yourself more amazing and beautiful with every breath

You give yourself permission to really shine the way You always wanted

You are really shining and will shine more with each breath

You give yourself permission to be truly happy

You are truly happy and will become happier with every breath...

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**PLUS all the "You Are..." versions of the affirmations in the "I Am..." Sample PDF**